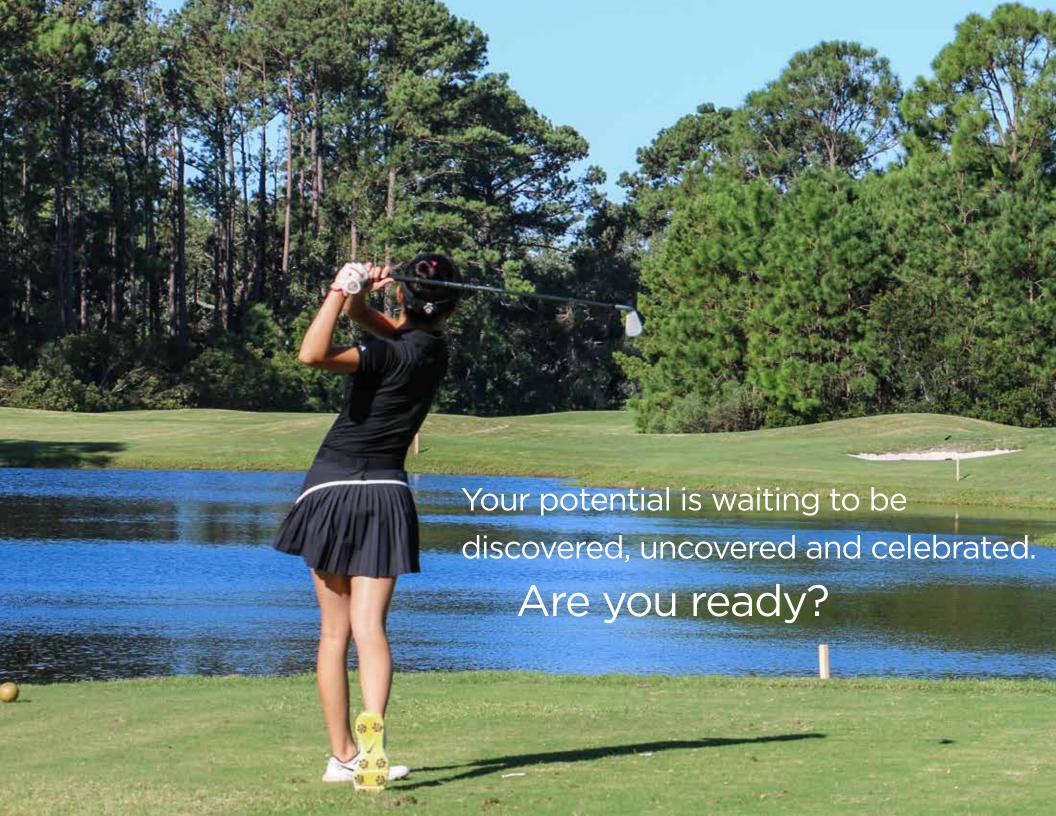


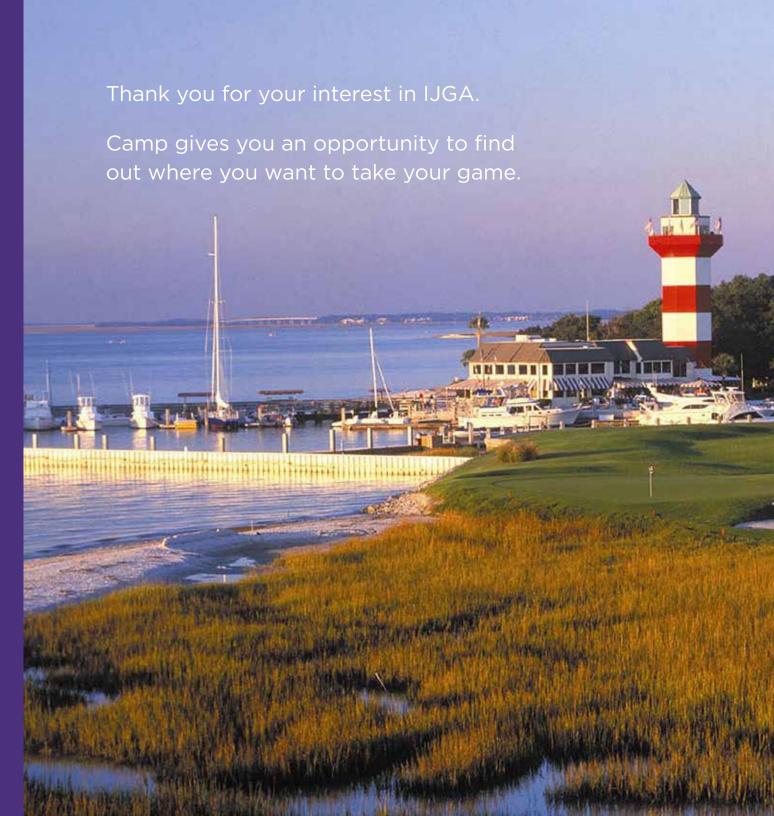
2018 CAMP GUIDE

BLUFFTON, SOUTH CAROLINA



## Table of Contents

- 4 WHY CHOOSE IJGA
- 5 WHAT OUR 2017 CAMPERS SAID
- 7 OLD CAROLINA CAMPUS
- 6 PROGRAM FEATURES
- 8 CAMP OPTIONS
- 11 GOLF TRAINING
- 14 CAMPUS LIFE
- 16 COLLEGE PLANNING & PLACEMENT
- 17 ALUMNI
- 20 REGISTRATION



## WHY CHOOSE IJGA?



# 1 Big Benefits with Specialized Training.

With the right combination of first class training facilities and outstanding golf coaches led by Jonathan Yarwood, British PGA Master Professional - IJGA is a premier golf development program.

## 2 The Campus

IJGA's (new) Old Carolina gated campus the IJGA Tour Performance Center, an exciting state-of-the-art indoor practice facility (featuring an indoor hitting bay, chipping areas, simulators and technical areas with the very latest in technology including the IJGA Tour Performance Studio powered by Swing Catalyst with Trackman, force plates and 3D swing analysis), FUEL dining hall, performance training, athlete recreation center and meeting rooms.

# The Coaches

Director of Golf Yarwood has trained a U.S. Open winner, two U.S. Amateur winners, two U.S. Girls' Winners, three AJGA Players of the Year, four #1 juniors, a collegiate #1 and winners on the PGA, LPGA, European, Challenge, Asian and Australasian tours. His carefully chosen team of highly experienced golf coaches, performance and mental conditioning specialists are dedicated to developing junior golfers.

## 4Hilton Head Island

Experience the beauty of the low country during a variety of fun, supervised activities from volleyball on the beach to kayaking to shopping to laser tag. Ask about our partnership with Beach Properties of Hilton Head to get an exclusive IJGA discount! Hilton Head is world famous for its pristine beaches.

## 5The Golf Courses

The Hilton Head/Bluffton area boasts over 70 golf courses, 33 of those championship courses. Hilton Head voted "Best Island" in the continental U.S. and "No. 2 Island in the World" by *Travel + Leisure*, 2017.



Summer camps begin June 4, 2018 and run weekly for 9 weeks with the last week beginning July 29, 2018. Come for a week, multi-weeks or the entire summer.

## PROGRAM FEATURES

- Boys/Girls: Ages 10 to 19
- Boarding and non-boarding students
- Learn correct fundamentals, solid swing mechanics and proper course management
- Improve balance, concentration, confidence, flexibility and strength with Physical and Mental Conditioning
- Analyze your swing with the latest technology
- Play on championship-level golf courses in and around Hilton Head
- Receive consistent feedback from coaches in a comfortable learning environment
- Train with golfers from around the world andtake supervised trips
- Edufii reporting for parents and athletes
- Post-camp performance evaluation with recommendations
- College Planning & Placement education
- Interact with students from all over the world





### CAMP GUIDE 7

# FOUR CAMP OPTIONS

### **CORE PROGRAM**

A camp for intermediate level campers, where you will be exposed to all areas of development and will learn about Long Term Athletic Development (LTAD). Core athletes will experience aspects of the Academy program in a camp setting. and have a clear path for improvement when they leave.

- A full day of golf including technical, fitness, mental, strategy
- > Performance (physical) training 2X per week
- Mental Performance seminar
- > Includes video analysis
- Includes club fitting if needed
- On course strategy
- > Edufii reporting Including video analysis and a basic plan for improvement to work from at home, as well as a report that rates them in all areas including recommendations
- Friday camp tournament
- Ratio of coach to student is 8:1
- > Personalized golf bag if attends for three or more weeks

PRICE: BOARDING \$2,095 | NON-BOARDING \$1,595

### **CORE OR ELITE + ENGLISH**

Pair your golf training at the Core or Elite level with English language-learning program. Daily schedule includes a half-day of golf training + half-day of classroom work.

### Weekly programs may we paired with:

> ESL (enhances speaking, writing, listening and grammar skill)

### 3 or more week programs may also be paired with:

- > SAT prep (covers all SAT subjects and strategies)
- > Virtual Summer School (multiple classes available in English, Social Science and Math)
- ➤ TOEFL prep (full preparation for the TOEFL test)

### **ELITE PROGRAM**

This camp is for more experienced and competitive players who are looking for more intensive training. Consider this camp as a preparation week for a big tournament. Elite Camp is very tailored to your needs.

- > A full day of golf with technical, fitness, mental, strategy
- A minimum of 2 weeks
- Mental Performance sessions
- Includes Video analysis, Trackman, Sam Putt Lab and 3D Golf Biodynamics if needed
- Includes club fitting if needed
- Performance (physical training) 3x per week
- More on course strategy and play
- College Planning as needed
- > Edufii reporting Including video analysis and a plan for improvement to work from at home, and a comprehensive report including recommendations
- > Ratio of student to coach is a maximum of 6:1
- Personalized golf bag

PRICE: BOARDING \$2,495 | NON-BOARDING \$1,995



# **GOLF TRAINING**

IJGA coaches look at and assess all areas that affect performance including technical, physical, mental, emotional, social and tactical abilities. Our coaches then use these assessments to formulate a development plan for each and every student as an individual. This plan is split into manageable goals each day.

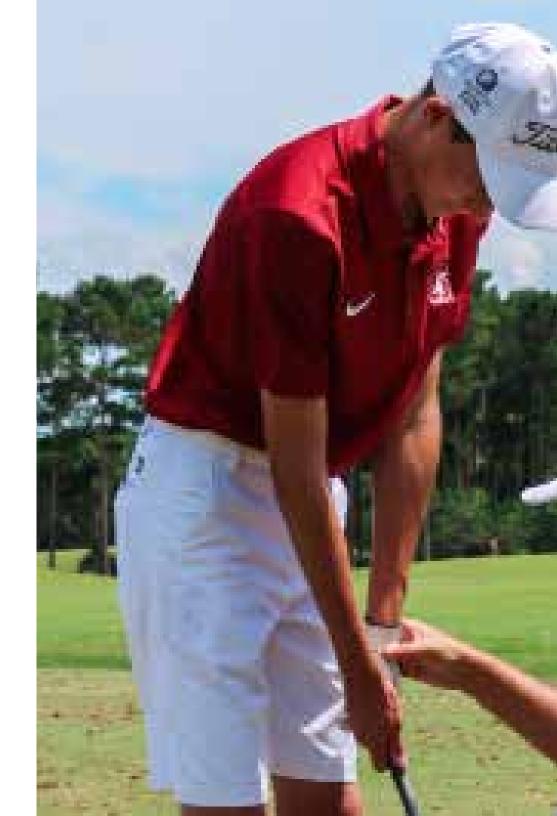
## SKILL ACQUISITION

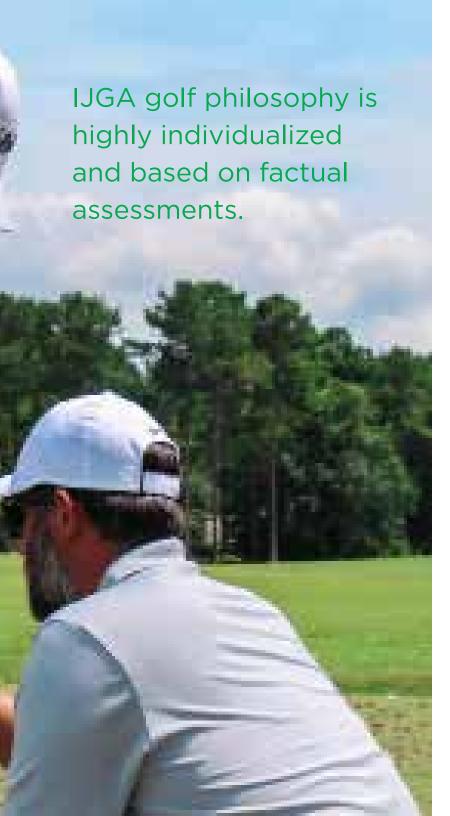
## Golf is a learned skill.

It is part science and part art.

- > Tour quality short game skills learning to subtly spin shots and have a consistent strike
- Learn to subtly spin shots
- Create a consistent strike
- Improve putting technique and performance
- Develop a Golf IQ and improve golf instincts
- Learn course management and strategic performance
- Learn yardage and creative shot shaping
- > Play shots off challenging and unusual lies to improve short game skills

In order to acquire skill, the player needs to be aware of how these specific shots are played. At IJGA, we have some tour proven ways which often fly in the face of the conventional teaching doctrine, but are much more effective and proven at the highest level. This proprietary information allows players to accelerate their learning and skill level.





IJGA coaches make informed choices for the players by using technology at their disposal including:

### **Swing Catalyst**

A unique combination of a state-of-the-art pressure plate technology (Balance Plate) and a highly advanced force plate. Not only can you study detailed foot pressure data and CoP patterns, the 3D Motion Plate also provides horizontal and vertical force measurements. From this we measure the amount of torque- and ground reaction forces generated during a golf swing. All 3D Motion Plate data is perfectly synchronized with high-speed video images and data from the most popular ball/club tracking devices.

#### Trackman

Fact based system that looks at ball and club ballistics.

#### K-Vest

The MRI of a golf swing. Sees things the human eye cannot, including energy creation and loss as well as how the components fit together.

#### **Bodi-track**

Shows the pressure and weight movement in the feet during a swing.

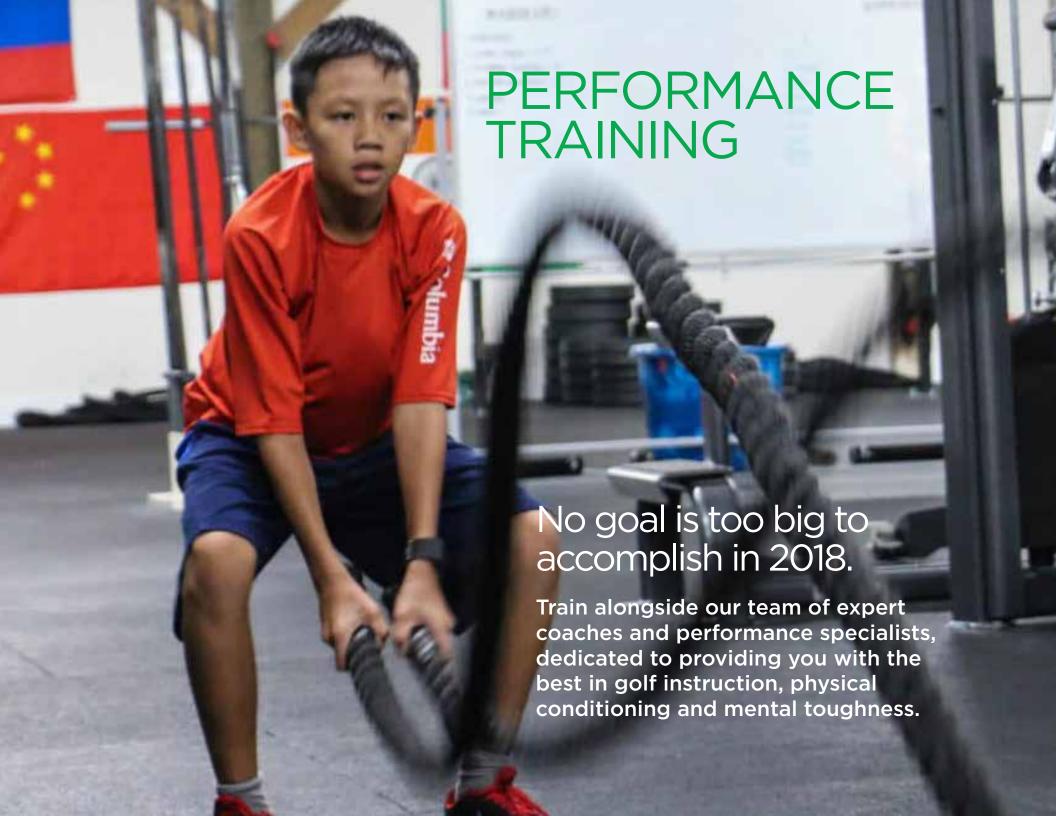
#### V1

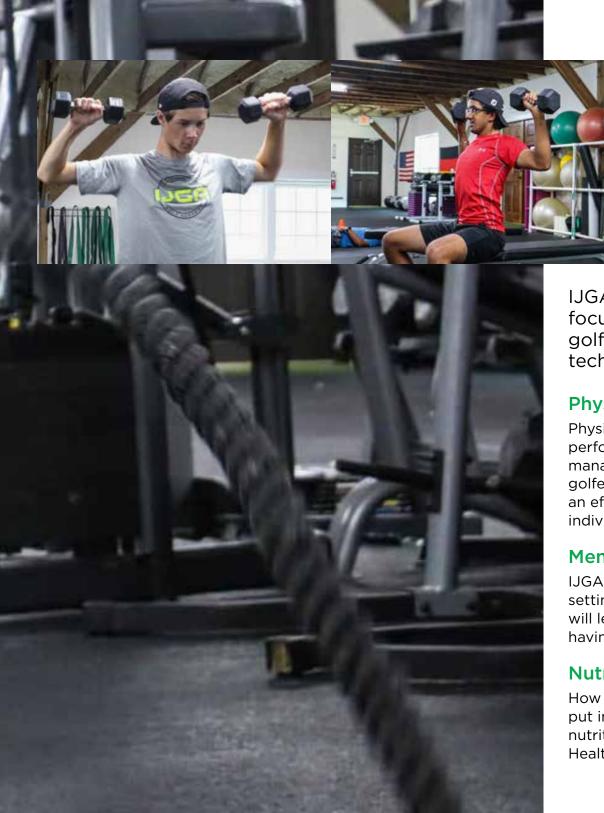
The X-ray of the swing. We do a 'before and after' to show evidential changes.

#### **SAM Puttlab**

Gives 24 parts of information about a putting stroke.

This evidence-based blueprint then allows IJGA Coaches to use their coaching instinct. This stops the player 'searching' and allows them to be self-maintaining and non-technical.





IJGA origins are founded on an intense focus on enhancing the performance of our golfers with better athleticism, better mental techniques, better nutrition.

## **Physical Conditioning**

Physical Conditioning at IJGA specializes in customized performance-based assessment, training and training management. Significant emphasis is placed on the golfer's quality of movement, power and durability in an effort to mimic the demands of the game and address individual needs.

## **Mental Conditioning**

IJGA equips golfers with the tools to master focus, goal setting and confidence. With enough preparation, athletes will learn to translate their training into victory. Because having a positive mind-set is half the battle.

## **Nutrition & Health**

How much you put out has a lot to do with what you put in. Campers are educated in the importance of good nutrition for building and maintaining their strength. Healthy, nutritious meals are provided at IJGA Fuel.



## Housing

The IJGA campus is a place where peers become lifelong friends. Our spacious living quarters allow students to relax, unwind and feel at home. Campers have one roommate and up to five housemates. Each home includes a living area, dining room, kitchen, washer/dryer and. of course, access to Internet and cable TV.

#### **FUEL**

Nutrition is a priority at IJGA, which is why our athlete-centered menus are constantly changing to incorporate better-balanced meals. FUEL is an IJGA exclusive on-campus dining facility that serves wholesome, healthy and delicious meals daily in a relaxing environment designed for the enjoyment of all students.

## **Supervision**

Student Housing is managed by a team of Residential Instructors and Student Life Team members who serve as leaders and mentors for our campers. They provide supervision and guidance seven days a week. Our Student Life Team is a dedicated professional staff, most with advanced degrees. Parents are encouraged to remain in close contact with their child's Student Life Team throughout their time at IJGA.

## **Safety and Security**

Our students live in a gated community where security is top priority. Similar to a college dorm, each student has a magnetic pass card that allows him or her access to The Village. All visitors must check in at the Student Life office. The campus at IJGA assures parents their child is safe in a well disciplined environment that promotes self-worth and selfactualization.



### **Trips and Fun**

Campers have a dedicated time to unwind playing soccer, ping pong, swimming or just hang out with friends.

Evening activities are chosen by the group and chaperoned by Residential Instructors, and include everything from going to the beach to playing mini golf to dolphin cruises. On

weekends activities include the beach, ride bikes, tennis. water parks, parasailing, paintball, Asian markets, World Golf Village Hall of Fame and even Orlando theme parks! Boredom is not something students worry about at IJGA.

## **Travel and Planning**

IJGA offers transportation to and from the Savannah-Hilton Head (SAV) and Hilton Head (HHH) airports for \$75 one way and \$150 round trip.

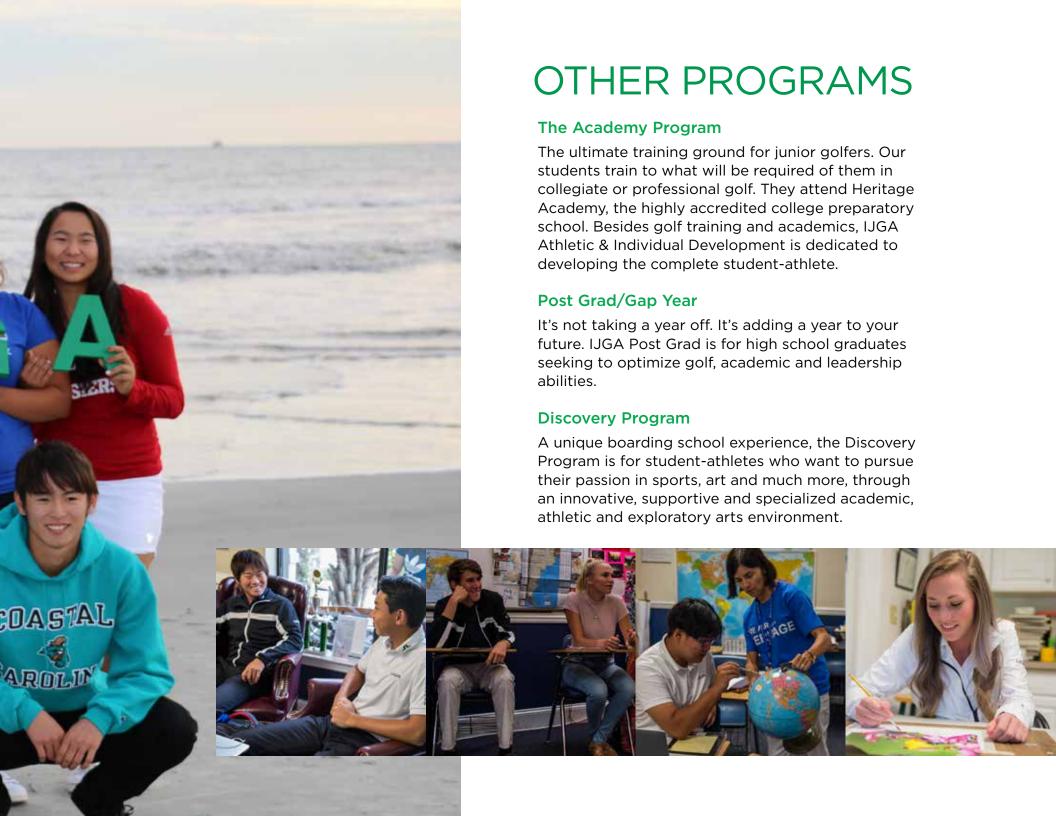
If you are planning on renting a property in Hilton Head, please ask about our partnership with Beach Rentals of Hilton Head. We are also happy to provide a list of hotel and resort recommendations.

## COLLEGE PLANNING & PLACEMENT

IJGA's College Planning & Placement works with campers to introduce them to the concept of creating an individualized roadmap for reaching their goal of studying and playing golf at the collegiate level.

Our Academy students have earned over \$52 million in scholarships and our alumni have gone to attend schools with prestigious golf programs such as Georgia Tech, Princeton, Dartmouth, Oklahoma State University, Texas A&M, Notre Dame, Yale, University of Alabama, UCLA and Boston College. Ultimately, our students have gone on to have successful careers in the PGA, LPGA, and European Tours, with some alumni reaching the ranks of famous golfers.





# **NOTABLE ALUMNI**

Some of the game's top college and professional players began their careers at IJGA.









## STEWART HAGESTAD

- 2016 Met Amateur Champion
- 2016 Mid-Amateur Champion
- 2016 Metropolitan Golf Association Player of the Year
- 2017 Masters Low Amateur
- 2017 Walker Cup Champion

### RICHY WERENSKI

- Earned PGA Tour Card in 2016 by coming in 2nd on Web.com Money List
- Won 2016 BMW Charity Pro-Am Presented by **SYNNEX Corporation**
- Had four Top 10 finishes and placed 2nd three times in 2016 Web.com season

## SHANSHAN FENG

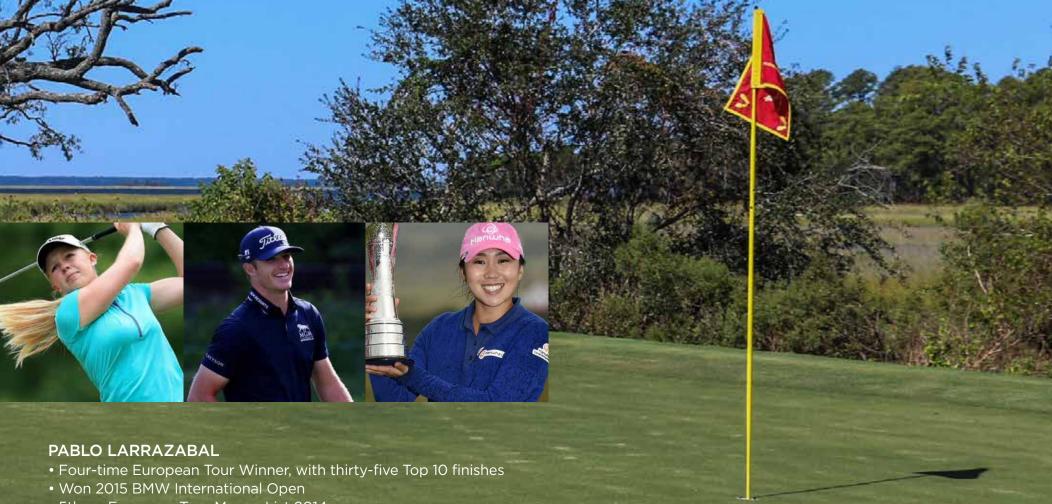
- Bronze Medalist at 2016 Olympics
- Four Career Victories on LPGA Tour
- Sixty Career Top 10s

## MARIA JOSE URIBE

- Represented Colombia in 2016 Olympics
- Won Gold Medal at 2015 Pan American Games
- Won 2007 U.S. Women's Amateur Championship

### STEPHANIE MEADOW

- Represented Ireland in 2016 Olympics
- Placed 3rd in professional debut at 2014 US Women's Open
- Recorded nine wins in collegiate competition at University of Alabama - exceeding the previous record by six
- Four-time All American at Alabama



• 5th on European Tour Money List 2014

### **MORGAN HOFFMANN**

- Finished Top 10 in 8 PGA Tour Tournaments since 2013
- Tied for 3rd place at 2016 John Deere Classic
- Recorded five Top 25 finishes for 2016 PGA Tour Season

## **IN-KYUNG KIM**

- Three LPGA Career Victories
- Sixty-four Career Top 10s on LPGA Tour
- Finished solo 6th at 2016 Evian Championship

## Current College Players

## ANA RUIZ

- Junior at Oklahoma University
- 7 top 20s and 2 top 10s to date
- Fired a season-best 213 (-3) to share second place at the Big 12 Championship

## **AARON TERRAZAS**

- Won 2016 Mexican Amateur Championship
- Competed in 8 rounds as Freshman at Oklahoma University
- No. 1 Junior Golfer in Mexico for 3 years

## Summer golf camps fill up quickly.

# Full Intensity. Full Results. Short Time Period.

## 2 Ways to Register

Go to ijga.com/registration for a convenient and safe online registration. The process is quick, easy and only takes a few minutes.

Or

Call 843.686.1500 to register by phone.



## FOR MORE INFORMATION & APPLICATION:

VISIT: IJGA.com CALL: 843-686-1500 EMAIL: info@IJGA.com Space is limited, apply early.









