



IJGA

INTERNATIONAL JUNIOR GOLF ACADEMY

CAMP GUIDE 2019

Your potential is waiting to be
discovered, uncovered and celebrated.

Are you ready?



Camp gives you an opportunity to find out where you want to take your game.

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WHY CHOOSE IJGA?

1 Big Benefits with Specialized Training

With the right combination of first-class training facilities and outstanding golf coaches led by Jonathan Yarwood, British PGA Master Professional – IJGA is a premier golf development program.

2 The Campus

The Old Carolina campus boasts an indoor state-of-the-art Performance Training Center which houses the Swing Catalyst 3D Motion Plate & Studio, indoor hitting bays and short game area, simulators and cutting-edge technology. In addition to the enlarged Pinecrest range with 90,000 sq. ft. of tees and multiple putting and chipping greens, IJGA also has a Challenge Course, Himalayas, and putting green – all of which are unsurpassed by any junior golf academy in the world.

Additional on-site amenities that support the modern-day golfer are the Strength and Conditioning Center, FUEL Dining Hall and the Learning Center.

3 The Coaches

Director of Golf, Jonathan Yarwood has trained a U.S. Open winner, two U.S. Amateur winners, two U.S. Girls' Winners, three AJGA Players of the Year, four No. 1 juniors, a collegiate No. 1 and winners on the PGA, LPGA, European, Challenge, Asian and Australasian tours. His carefully chosen team of highly experienced golf coaches, performance and mental conditioning specialists are dedicated to developing junior golfers.

4 Hilton Head Island

Experience the beauty of the Lowcountry during a variety of fun, supervised activities from volleyball on the beach to kayaking to shopping to laser tag. Hilton Head Island is world famous for its pristine beaches.

Hilton Head Island, voted “Best Island in the continental U.S. by *Travel + Leisure*, (2016, 2017, 2018), #2 Island in the world by *Travel + Leisure* (2017) and voted “Best Island” in the U.S. by *Conde Nast Traveler* (2018).

5 The Golf Courses

The Hilton Head Island/Bluffton area boasts over 70 golf courses, 33 of those championship courses.



WHAT IJGA CAMPERS SAID

“The IJGA Summer Camp is intense but so much fun! I’m so much more confident. My game changed in a major way.”

“I appreciated all the hard work everyone at IJGA does and how all the staff and coaches made my son feel welcome.”

“James loved his experience at IJGA and cannot wait until next year. He already informed me he wants to be there longer than three weeks.”

- Patty Doxey - IJGA camper parent

“Coach Yarwood helped me believe in my game. I can’t wait to sign up for tournaments.”





Summer camps begin June 2, 2019 and run weekly for 9 weeks with the last week beginning July 28, 2019.

Come for a week, multi-weeks or the entire summer.

PROGRAM FEATURES

- Boys/Girls: Ages 10 to 19
- Boarding and non-boarding students
- Learn correct fundamentals, solid swing mechanics and proper course management
- Improve balance, concentration, confidence, flexibility and strength with physical and mental conditioning
- Analyze your swing with the latest technology
- Play on championship-level golf courses in and around Hilton Head Island
- Receive consistent feedback from coaches in a comfortable learning environment
- Train with golfers from around the world and take supervised trips
- Eudufii reporting for parents and athletes
- Post-camp performance evaluation with recommendations
- College Planning & Placement education
- Interact with students from all over the world



OLD CAROLINA CAMPUS THE BARN

The intimate and inspiring Old Carolina campus has been renovated to include the IJGA Performance Training Center, featuring the IJGA Swing Catalyst 3D Motion Plate & Studio, hitting bays, Trackman, swing analysis and short game area. Outdoors, players sharpen their short game skills on the recently completed 7-acre Challenge Course, “Himalayas” and 9-hole putting green.

ON-CAMPUS

- Gated Community
- State-of-the-Art Indoor Performance Training Center
- Strength and Conditioning Center
- Indoor Hitting Bays
- Indoor Chipping, Pitching and Putting Green
- Challenge Course
- Three-acre Short Game area “The Himalayas”
- 9-hole Putting Green
- Highest Level of Golf Technology
- FUEL Dining Hall
- Welcome Center
- Student Recreation Area
- Student Learning Center
- Staff Offices

OFF-CAMPUS

Recently expanded 90,000 sq. ft. driving range and short game area, at Pinecrest Golf Club, exclusive to IJGA.

TWO CAMPS

CORE PROGRAM

Core is a camp for beginner and intermediate level players. Campers are exposed to all areas of development and learn about Long Term Athletic Development (LTAD). Core athletes experience aspects of the Academy program in a camp setting, and have a clear path for improvement when they leave.

- A full day of golf including technical, fitness, mental, strategy
- Strength and Conditioning
- Mental Performance seminar
- Includes video analysis
- Includes club fitting if needed
- On course strategy
- Edfii reporting including video analysis and a basic plan for improvement to work from at home, as well as a report that rates all areas including recommendations
- Friday camp tournament
- Ratio of coach to student is 8:1
- Personalized golf bag if attending for three or more weeks

PRICE: BOARDING \$2,095
NON-BOARDING \$1,795

ELITE PROGRAM

Elite is for more experienced and competitive players looking for more intensive training. Consider this camp as a preparation week for a big tournament. Elite Camp is very tailored to your needs.

- A full day of golf with technical, fitness, mental, strategy
- A minimum of 2 weeks
- Mental Performance sessions
- Includes Swing Catalyst 3D Motion Plate Studio Analysis & Video, Trackman, SAM PuttLab and 3D Biodynamics if needed
- Includes club fitting if needed
- Strength & Conditioning (physical training) 3x per week
- More on course strategy and play
- College Planning overview
- Edfii reporting Including video analysis and a plan for improvement to work from at home, and a comprehensive report including recommendations
- Ratio of student to coach is a maximum of 6:1
- Personalized golf bag

PRICE: BOARDING \$2,495
NON-BOARDING \$2,195

CORE OR ELITE + ENGLISH

Pair your golf training at the Core or Elite level with English language-learning program. Daily schedule includes a half-day of golf training + half-day of classroom work.

Weekly programs may be paired with:

- ESL (enhances speaking, writing, listening and grammar skills)

Three (or more) week programs may also be paired with:

- SAT prep (covers all SAT subjects and strategies)
- Virtual Summer School (multiple classes available in English, Social Science and Math)
- TOEFL prep (full preparation for the TOEFL test)

Are you a low handicap player looking to improve your game?

Are you looking for an intensive, high-level program to take your game to the next level?

If you have a scoring average in the 70s or are playing in AJGA tournaments, then perhaps the ELITE program is for you.



GOLF TRAINING

IJGA coaches assess all areas that affect performance including technical, physical, mental, emotional, social and tactical abilities. Coaches use these assessments to formulate a development plan for each student. The plan is split into manageable goals each day.

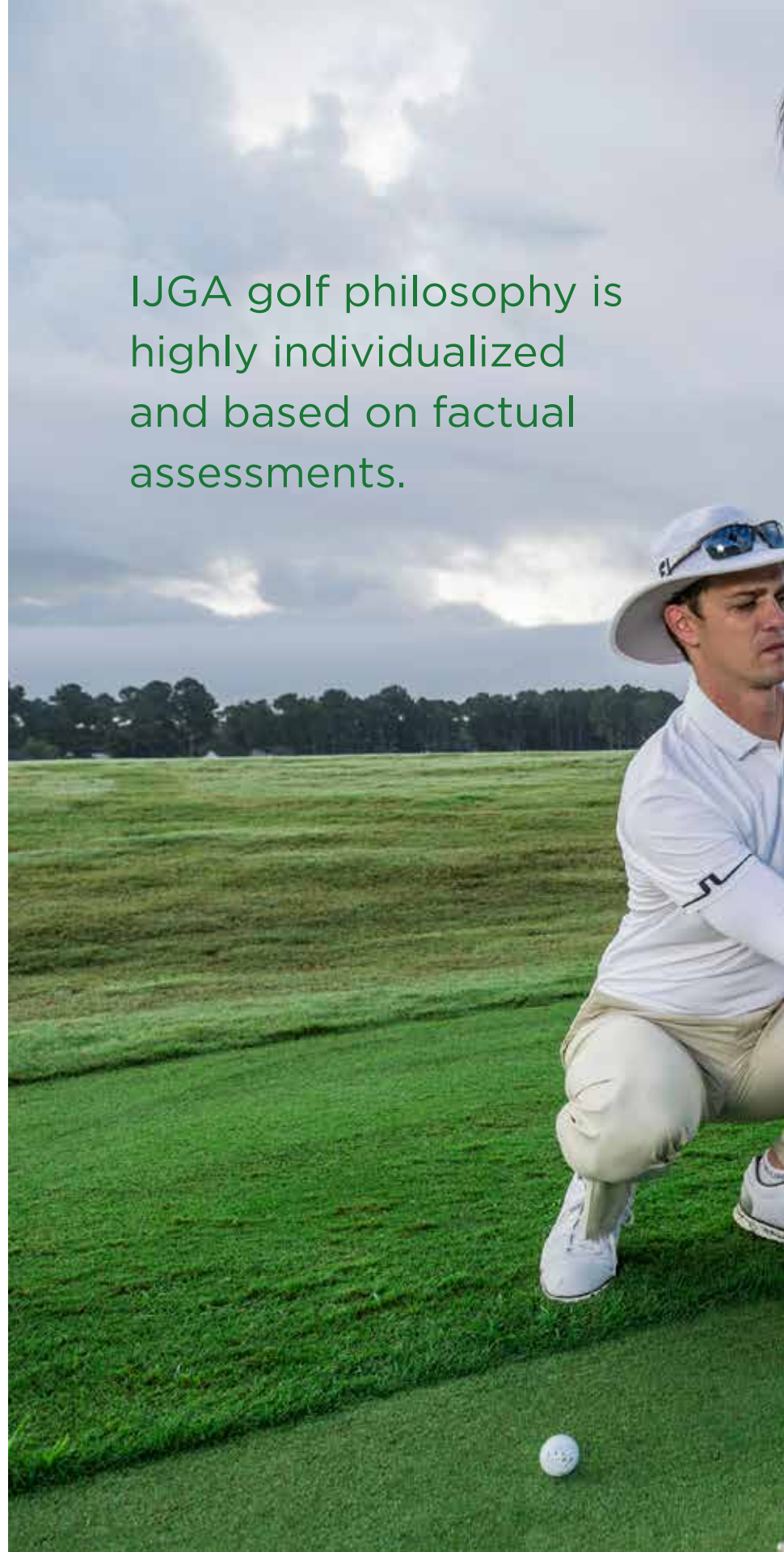
SKILL ACQUISITION

Golf is a learned skill. At IJGA summer camp you will:

- Develop your swing to control the ball,
- Learn tour proven short game techniques to lower your scores,
- Learn personalized drills and exercises for lasting development,
- Gain strategies to improve your play on the course,
- Learn mental performance training techniques to improve on-course management.
- Culminate the week with an 18-hole tournament.

IJGA coaches analyze the student's game using the latest technology. Players will work on what is needed to gain control of the ball to lower their scores. Students will also receive a personal video featuring their swing along with recommended changes and comparisons to top tour players for a comprehensive take-home plan to share with family, friends and coaches.

IJGA golf philosophy is highly individualized and based on factual assessments.





Your game will go through IJGA's proven development cycle starting with an evaluation, two days of technical work, followed by two days of blending technique with your newly acquired skills, then transferring your skills to the course. The week culminates in an 18-hole tournament with prizes.

IJGA coaches use state-of-the-art technology for instant feedback on analyzing a player's swing:

Swing Catalyst Studio

Swing Catalyst 3D Motion Plate measures pressure distribution and the ground reaction forces; vertical force, horizontal force and rotational force.

TrackMan

Fact based system that looks at ball and club ballistics.

K-VEST

The MRI of a golf swing. Sees things the human eye cannot, including energy creation and loss as well as how the components fit together.

BodiTrak

Shows the pressure and weight movement in the feet during a swing.

V1

The X-ray of the swing, with a 'before and after' comparison to show evidential changes.



STRENGTH AND CONDITIONING TRAINING

No goal is too big to accomplish in 2019.

Train alongside our team of expert coaches and performance specialists, dedicated to providing you with the best in golf instruction, physical conditioning and mental toughness.



IJGA origins are founded on an intense focus on enhancing the performance of our golfers with better athleticism, better mental techniques, and better nutrition.

Strength and Conditioning

Strength and Conditioning at IJGA specializes in customized performance-based assessment, training and training management. Significant emphasis is placed on the athlete's quality of movement, power and durability in an effort to mimic the demands of the game and address individual needs.

Mental Conditioning

IJGA equips students with the tools to master focus, goal setting and confidence. With enough preparation, athletes will learn to translate their training into victory. Having a positive mindset is half the battle.

Nutrition & Health

Campers are educated in the importance of good nutrition for building and maintaining their strength.



CAMPUS LIFE



Housing

The IJGA campus is a place where peers become lifelong friends. Our spacious living quarters allow students to relax, unwind and feel at home. Campers have one roommate and up to five housemates. Each home includes a living area, dining room, kitchen, washer/dryer and, of course, access to Internet and cable TV.

FUEL

Nutrition is a priority at IJGA, which is why our athlete-centered menus are constantly changing to incorporate better-balanced meals. FUEL is an IJGA exclusive on-campus dining facility that serves wholesome, healthy and delicious meals daily in a relaxing environment designed for the enjoyment of all students.

Supervision

Student Housing is managed by a team of Residential Instructors and Student Life Team members who serve as leaders and mentors to our campers. They provide supervision and guidance seven days a week. Our Student Life Team is a dedicated professional staff, most with advanced degrees. Parents are encouraged to remain in close contact with their child's Student Life Team throughout their time at IJGA.

Safety and Security

Students live in a gated community where security is top priority. Similar to a college dorm, each student has a magnetic pass card that allows him or her access. All visitors must check in at the Student Life office. The campus at IJGA assures parents their child is safe in a well disciplined environment that promotes self-worth and self-actualization.



Trips and Fun

Campers have a dedicated time to unwind playing soccer, ping pong, swimming or just hang out with friends. Evening activities are chosen by the group and chaperoned by Residential Instructors, and include everything from going to the beach to playing mini golf to dolphin cruises. On weekends, activities include the beach, bike riding, tennis, water parks, parasailing, paintball, movies, trampoline park and go-carts! Boredom is not something students worry about at IJGA.

Travel and Planning

IJGA offers transportation to and from the Savannah-Hilton Head (SAV) and Hilton Head (HHH) airports for \$75 one way and \$150 round trip.





COLLEGE PLANNING & PLACEMENT

IJGA's College Planning & Placement works with campers to introduce them to the concept of creating an individualized roadmap for reaching their goal of studying and playing golf at the collegiate level.

IJGA Academy students have earned over \$52 million in scholarships and alumni have gone to attend schools with prestigious golf programs such as; Georgia Tech, Princeton, Dartmouth, Oklahoma State University, Texas A&M, Notre Dame, Yale, University of Alabama, UCLA and Boston College.

Ultimately, many IJGA students have gone on to have successful careers in the PGA, LPGA and European Tours, with some alumni reaching the ranks of notoriety.





OTHER PROGRAMS

The Academy Program

The ultimate training ground for junior golfers. IJGA students train to what will be required of them in collegiate or professional golf. They attend Heritage Academy, the highly accredited college preparatory school. Besides golf training and academics, IJGA Athletic & Individual Development is dedicated to developing the complete student-athlete.

Post Grad/Gap Year

It's not taking a year off. It's adding a year to your future. IJGA Post Grad is for high school graduates seeking to optimize golf, academic and leadership abilities.

Lifestyle Program

A unique boarding school experience, the Lifestyle Program is for students who are seeking a strong academic program with a "home" environment, where they learn golf, tennis, are exposed to an elite sporting peer group, be involved with leadership and character programs and receive assistance with college planning + placement.

NOTABLE ALUMNI

Some of the game's top college and professional players began their careers at IJGA.



Left to right: Richy Werenski, Shanshan Feng, Maria Jose Uribe, Pablo Larrazabal, Stephanie Meadow, Morgan Hoffmann, In-Kyung Kim.

RICHY WERENSKI

- 2018 Finished tied for 2nd in the Barbasol Championship
- 2018 Finished tied for 4th in the FedEx St. Jude Classic
- 2017 Tied for 2nd in the Barracuda Championship
- 2016 Won the BMW Charity Pro-Am on the Web.com Tour

STEWART HAGESTAD

- 2017 Masters Low Amateur
- 2017 Walker Cup Champion
- 2016 Met Amateur Champion
- 2016 Mid-Amateur Champion
- 2016 Metropolitan Golf Association Player of the Year

SHANSHAN FENG

- Became the first player from China to become No. 1 in the world
- Bronze Medalist at 2016 Olympics
- 9 Career Victories
- 83 Career Top 10s

MARIA JOSE URIBE

- Represented Colombia in 2016 Olympics
- Won Gold Medal at 2015 Pan American Games
- Won 2007 U.S. Women's Amateur Championship

STEPHANIE MEADOW

- 2018 Won the IOA Championship
- 2018 Finished 2nd at the Danielle Downey Credit Union Classic
- 2016 Represented Ireland in Olympics
- 2014 Placed 3rd in Professional Debut at US Women's Open
- Four-time All American at Alabama



PABLO LARRAZABAL

- Four-time European Tour Winner
- 2015 Won BMW International Open
- 2014 Won Abu Dhabi HSBC Golf Championship

MORGAN HOFFMANN

- 2017 Tied-second The Honda Classic
- Nine Top 10 PGA Finishes
- Launched the Morgan Hoffmann Foundation, a non-profit organization dedicated to finding a cure for muscular dystrophy

IN-KYUNG KIM

- Seven Wins, 1 Major LPGA Career Victories
- Seventy-six Career Top 10s on LPGA
- 2018 Second-place at LPGA Volvik Championship
- 2015 Kia Community Assist Award for her charitable efforts with the Special Olympics

Current College Players

SHISO GO

- Sophomore at East Tennessee State University
- 2018 ETSU won Bank of Tennessee Intercollegiate, lead by Shiso Go
- 2018 Runner-up at Bank of Tennessee Intercollegiate
- Earned Southern Conference, SoCon All-Freshman Team

AARON TERRAZAS

- Senior at University of Texas El Paso
- Competed in 33 rounds as a Junior at UTEP
- Won 2016 Mexican Amateur Championship
No. 1 Junior Golfer in Mexico for 3 years

Summer camps begin June 2, 2019 and run weekly for 9 weeks with the last week beginning July 28, 2019.

Come for a week, multi-weeks or the entire summer.



IJGA

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Summer golf camps fill up quickly.

Full Intensity. Full Results. Short Time Period.

2 Ways to Register

- 1.** Go to ijga.com/registration/ for a convenient and safe online registration. The process is quick, easy and only takes a few minutes.

OR

- 2.** Call 843.686.1500 to register by phone.

FOR MORE INFORMATION & APPLICATION:

VISIT: IJGA.com CALL: 843-686-1500 EMAIL: info@IJGA.com
Space is limited, apply early.



Questions?

We're here to help.

Call 843.686.1500 or email to info@ijga.com.