

# THE OAKS

INTERNATIONAL JUNIOR GOLF ACADEMY

OCTOBER 2018

## REFLECTIONS after hurricane florence

Assessment & Blueprinting at IJGA

## HERITAGE ACADEMY HAPPENINGS

*After School Program*



**CAPTAINS AND STUDENT COUNCIL**

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**WINTER CAMP**



# REFLECTIONS AFTER HURRICANE FLORENCE

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## Dear IJGA Friends and Family,

When asked to provide a submission for this newsletter, I originally intended to delve further into explication of our character and leadership initiatives. Then came **Hurricane Florence** and the only appropriate topic for this piece is that of appreciation. As I write this, I look down Old Carolina Drive and am ever so grateful for our situation. Not only were we able to safely evacuate from harm's potential, but we also were fortunate in that Hurricane Florence passed us by well to the north. Our academy home suffered no ill effects from this powerful storm and we are able to return to our regular schedules this week.

It's not lost on me that so many north of us face quite a different scenario this week - power is still out, waters are still rising and evacuations still in place. How lucky we are. As I consider our fortune, **I am appreciative to each and every member of our academy family** who made our safe evacuation possible. From the students who followed every directive, to the captains who helped ready their peers for departure, to the team members who readied facilities for evacuation and then turned around and offered programming away from home - it took a village to make the best of a bad a situation. Just the same, I offer my heartfelt appreciation to every

parent email, family contact, or call of encouragement and well wishes. To be so far away from your children when the scenario seems so dire cannot be easy. Thank you for your constant support, which was helpful to our cause.

We are back now, and we do return to the business of school, golf and social activities - enjoying the comforts of our academy home. May each of us take measure to reflect on this past event - **taking time to be grateful for our good fortune**, considering those with less fortune and committing to doing all we can for whomever we can. I believe the threat of Florence brought us closer as an IJGA community - may we be humbled by this and move onward in our pursuits.

Sincerely, my appreciation,

**Erin Elliott**

IJGA Director of Student Life

# ASSESSMENT & BLUEPRINTING AT IJGA GIVES PLAYERS DIRECTION & GOALS

BY DAN JACKSON  
IJGA GOLF COACH



To become a successful golfer in the modern era, players must be realistic about their golf. Understanding where your current skill levels are, is vital to be able to create a clear and concise plan of action which will help you raise your skill levels.

Within the IJGA golf program, we conduct vigorous assessments for each and every student. The purpose is to gather measurable data which is based on factual, reliable information. We cover the full swing by filming the swing from multiple angles.



We use the **Swing Catalyst 3D Motion Plate & Performance Studio** to gather ground force pressure. **Our 3D Motion Plate** capture capabilities act as an MRI scan of your body during a golf swing. The suitability of your clubs are assessed to ascertain if any improvements should be made.

**TrackMan** is utilized to give accurate club and ball flight data that gives information on precisely what the ball is doing.



**Physical screening** highlights any movement limitations within the body. Limitations are clearly seen within the golf swing. Corrective exercises are given at the blueprinting stage to correct and improve the player's range of motions.

**Mental Performance** is a vital part of any development, as this will determine your success within any swing changes given.

The combination of these **Assessments** allows the coaching team to collaborate and create a highly personalized **Blueprint**.

The blueprint is the basis for any improvements that will be made. The blueprint is delivered to the player. Between the player and the coaches, goals are set that are both challenging and attainable, which helps to motivate players. You can measure progress at different stages throughout training. The ability to measure progress is important, as it gives undeniable information on the progress being made by you, the player.

## Greetings from Heritage Academy!

On behalf of the entire faculty, I happily inform you that it has been a great start to our new year. Not even a hurricane could impede progress toward meeting learning goals for our students this important first quarter. We know of untold other lessons in weather/meteorology that students learned first-hand as we contend with Florence. Most importantly, the top lessons of this week include **keeping oneself safe in times of weather emergencies** and helping others in need. Bravo to all.



We are indeed proud of our students' school and passion area achievements and effort. Settling into a new school, lifestyle, academic program, and social group comes with challenges, but our

students have embraced each area of life with honesty, caring, resilience, and positivity. Smiles and engaged laughter infuse our hallways and classes; hands-on learning opportunities abound; and new relationships are blooming. Our dedicated teachers, residential instructors, house parents, partners, and coaches have assisted students with transitioning into their new school, residential life, and training regimens.

We hope you are using student information portal, **Powerschool**, as a tool to stay informed and active in your child's learning at Heritage Academy. We will continue to improve upon the system to ensure your experience aligns with your expectations. Please contact our Assistant Head of School, Dean Costakis, to report problems and to provide feedback. You will receive a survey this semester asking for feedback regarding Powerschool and many other aspects of the school. The more student and parent participation in the survey, the better we can make this wonderful school and the better we can meet your needs.

The school's electronic bulletin board – **Ricardo** – showcases events, public announcements, and our students in action. You will receive emails throughout the year sharing with you what is broadcast on Ricardo. Many special and notable accomplishments have been celebrated already on our newsmakers board. As our students' tournament

competition, service, and academic lives gain momentum, Ricardo and the other bulletin boards around campus will overflow with public recognition and accomplishments.

Our successful synchronous instruction learning option, **Synchronous Education @ Heritage Academy**, continues to grow. We have talented students joining our classes in real time from Mexico and Florida this semester. Through technology advances, classes use "Lifesize" video-conferencing to seamlessly integrate our remote students with their teachers and classmates on the Hilton Head campus. This technology can serve all students who must be away from school for emergency reasons. They dial into the class on their computers and receive instruction. Just another way we prioritize learning opportunity.

A hallmark of Heritage is that students mastering course objectives are also broadening their knowledge about their classmates. Classes are filled with **students from 22 countries this year**, and all students are actively learning about their subjects and about their peers. Midway through Quarter I, it is a joy to witness students make new friends, take responsibility for their daily academic and interpersonal decisions, and live this year's theme: **"Learning Changes Everything."** Students are stepping forward to organize and take responsibility for their academic lives as well as social and service events. Student leadership at school is at an all-time high. **We have remarkable students!**

School events are underway to provide students with leadership and service opportunities. To date, the Service Club, the Senior Class, and National Honor Society members have begun volunteering and fundraising for service projects and social events. Campus is alive with advocacy meetings, buzz about upcoming school pictures, college fairs and visiting reps, and other interests. Students enjoy Spirit Day/ Pizza Day the last Wednesday of each month, and they already participated in the first **Student of the Month assembly**. This assembly recognizes faculty-nominated and selected students at the senior and undergraduate level who consistently display of one of the school's honor code traits.



Sincerely,  
**Gloria Shoemaker**  
Heritage Academy  
Head of School

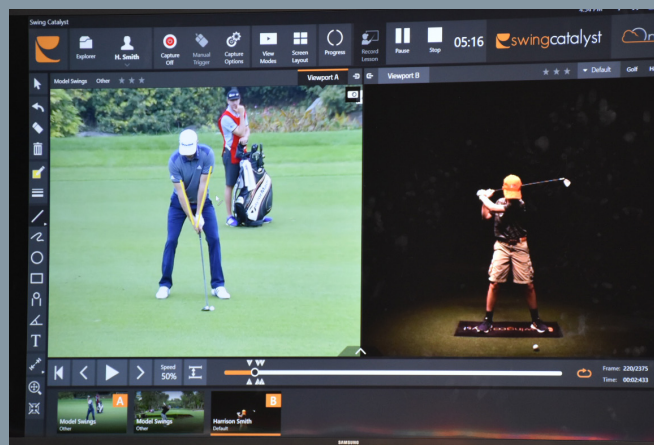
# COMMUNITY ATTENDS THE IJGA OPEN HOUSE ON LABOR DAY

IJGA held an Open House on Labor Day, Monday, September 3, at the Old Carolina campus inviting the community to see the facilities, play golf for free on the new Challenge Course and promote the After School Junior Golf Program. Junior golfers and their families enjoyed testing their skills on the Himalayas and large putting green, participating in the closest-to-the-pin contest, experiencing the indoor training facilities, hitting bay and Swing Catalyst 3D Motion Plate & Studio. IJGA student-athletes served as Academy ambassadors and escorted the families around campus. The After School Program kicks off this month.



## KICK-OFF FOR THE AFTER SCHOOL JUNIOR GOLF PROGRAM

IJGA recently launched its After School Junior Golf Program on the campus of Old Carolina. The program is offered on Mondays and Thursdays, 4:30 – 6:30 p.m., with the mission of growing the game of golf for junior players. With personalized instruction provided by IJGA coaches, the program offers juniors Swing Catalyst analysis and assessment, putting analysis and drills, pitching techniques and distance control and Challenge Course skill transfer. Players have the option of the twice-weekly instructions or a Monthly or Annual Membership. The memberships enable players to have full weekend access to the outdoor Challenge Course, Himalayas, putting green, indoor hitting bays, short game practice area, recreation lounge and lunch at FUEL. For more information on the After School Junior Golf Program, contact Marketing Manager Beth Patton, [bethp@ijsa.com](mailto:bethp@ijsa.com).



# FALCON'S FIRE TOURNAMENT 11 TOP TEN FINISHES



IJGA student-athletes took 11 top ten finishes in the IJGT Florida Junior at Falcon's Fire Golf Club in Kissimmee, Florida, September 15 & 16 with one first-place win by Sae Saito in the Girls Under 19 Division. Here's how they finished:



## BOYS UNDER 19 DIVISION

3rd place - Brad Riley - scores of 69 + 74--143  
Tied 5th - Hoshi Yadav - scores of 75 + 70--145  
Tied 7th - Kotara Murata - scores of 69 + 77--146

## BOYS UNDER 16 DIVISION

Tied 2nd - Merlin Dohm - scores of 75 + 71--146  
Tied 2nd - Gautam Potdukhe - scores of 73 + 73--146  
Tied 8th - Zaid Khan - scores of 75 + 73--148  
Tied 8th - Jantai Malataev - scores of 72 + 76--148

## GIRLS UNDER 19 DIVISION

1st place - Sae Saito - scores of 79 + 71--150

## GIRLS UNDER 16 DIVISION

2nd place - Emma Kim - scores of 76 + 79--155  
3rd place - Vsundhara Thiara - scores of 78 + 79--157  
4th place - One Kashima - scores of 77 + 81--158

# CONGRATULATIONS

TO THE FOLLOWING STUDENT-ATHLETES  
ON BEING NAMED TO THE 2018-2019 IJGA  
CAPTAINS AND STUDENT COUNCIL

Several IJGA students have stepped forth to represent the IJGA student body in an effort to create change, learn about leadership and leave their legacy at IJGA. The Captains and Student Council Program is part of IJGA's Character and Leadership Development Program. The team will work on beautifying the campus, walking paths, and exercise area. They've connected with several local non-profit organizations to provide service, time and talents to the community and volunteer in the annual RBC Heritage PGA tournament held at the Harbour Town Golf Links. The team will work on creating a lasting legacy at IJGA, which includes producing record books, banners and other memorabilia for future IJGA student-athletes.

### Student Executive Cabinet:

President: Navyug Rungta  
Vice-President: Steven Strasheim  
Treasurer: Merlin Dohm

### Student Captains & Council Members:

Aaron Pha  
Merlin Dohm  
Steven Strasheim  
Rekgabile Nyhonyha  
Sae Saito  
Jantai Malataev  
Erik Fogel  
Chase Phillips  
Navyug Rungta  
Zaid Khan



# ALUMNI



## IJGA ALUMNI SAPTAK TALWAR

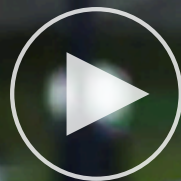
won the Individual Medalist honors at 1-under par after a two hole playoff at the Ryan T. Lee Collegiate at Hop Meadow Country Club playing for Sacred Heart University men's golf team, 71-72--143 (-1). SHU placed first in the tournament.



## CONGRATS TO IJGA ALUMNI SHISO GO

(of Kanagaga, Japan) for posting his fifth straight top-20 finish after placing tied for 17th at the Rod Myers Invitational. Go is a sophomore at East Tennessee State University playing for the Buccaneers. Go also had a hole-in-one at Duke Golf Club.

# WHAT DRIVES YOU?



**IJGA**  
INTERNATIONAL JUNIOR GOLF ACADEMY

**RICHARD KRUGER**  
SOUTH AFRICA

IJGA

J.LINDBER

In order to know what someone *needs*  
You **first** have to know what they want  
The *reason* they **get up** in the morning  
And **stay awake** at night  
That *flame* that ignited them to start the game  
And **keeps** them playing  
When it'd be **easier** to quit  
Some call it passion  
We call it *drive*

Which leads to the question...

**What Drives You?**





# YOUR COMPETITION IS TRAINING YEAR-ROUND.

## *What Are Your Plans This Winter?*

Gain a competitive edge by training over the winter in preparation for the upcoming spring tournament season. IJGA offers indoor and outdoor training facilities, state-of-the-art training technology, world-class coaches — all to help you improve your game.

The IJGA Winter Camp allows attendees to practice in the same facilities as Academy students and receive the same training that has placed IJGA at the forefront of competitive golf players.

The program will include three and one-half days of individualized instruction, daily meals and on-campus housing with supervision provided by our on-site experienced Residential Instructors. Students are taught the same techniques as IJGA Academy students and undergo the same level of intense training.

## **JOIN US THIS WINTER** & TAKE YOUR GAME TO THE **NEXT LEVEL!**

### **2018 WINTER CAMP SESSIONS**

**SESSION 1:** December 20 – 23

**SESSION 2:** December 27 – 30

**SESSION 3:** January 2 – 5

### **BOARDING AND NON-BOARDING OPTIONS**

Sign-up for multiple weeks and receive free room and board in between sessions.

VISIT US ONLINE: [HTTPS://IJGA.COM/WINTER-CAMP/](https://ijga.com/winter-camp/)