

THE OAKS

INTERNATIONAL JUNIOR GOLF ACADEMY

MARCH 2018

VIDEO STUDENT
SPOTLIGHTS



WHAT DRIVES YOU?

- ▶ John Del Priore
- ▶ Navyug Rungta

IJGA student
Felix Van Kleef
commits to D1 UNLV
Go Rebels!

**IJGA Hosts Habitudes
Leadership Event**

Students selected to
play in the inaugural
**FALDO MAJOR CHAMPIONS
INVITATIONAL**

Science of Golf

**Education, Education
College Prep 101**

VIDEO LINKS...

- ▶ Jonathan Yarwood's Swing Tips
- ▶ 3D Biodynamics Analysis with Senior Golf Coach Steven Chalmers

STAFF PROFILE

Patrick O'Toole

IJGA to Professional Golf

IJGA student Felix Van Kleef commits to D1 UNLV. *Go Rebels!*

▶ IJGA Congratulates
Felix Van Kleef on his
commitment to UNLV.
Read the full story here.



IJGA Hosts Habitudes Leadership Event for Student-Athletes

IJGA recently hosted a Habitudes Leadership event for students. Habitudes combines habits with attitudes to build powerful public speakers and better leaders.

The highlight of the even came when **Timothy Alexander** inspired the students by sharing his story. Timothy Alexander has dedicated his life to motivating and inspiring others. Timothy was ranked the #8 high school football player in his state and had the opportunity to play for



any college in the country. A life changing car accident in 2006 left him paralyzed from the neck down. Even though his dreams of playing college and professional football were shattered that day, Alexander has gone on to accomplish new dreams and find his purpose in life.



The students were captivated by his story and took to heart his message about being able to do anything they want to do by being persistent, resilient, consistent and committed.

Several guest speakers talked about living out the Habitudes lessons, and not just listening and moving on. Respect and understanding are important skills to becoming a better leader, and students were able to see those put into action that evening.

The presentation was led by Executive Leadership Coach Michael Arnold and Andrew McPeak of Growing Leaders.

Arnold will continue the Habitudes series with students by holding more seminars throughout the semester. 🌱

▶ [CLICK HERE FOR VIDEO FROM THIS EVENT](#)

IJGA Students selected to play in the Inaugural Faldo Major Champions Invitational



International Junior Golf Academy (IJGA) student-athletes **Haruka Shintani** and **Fiona Khaing** were selected to play in the Faldo 2018 Major Champions Invitational at Bella Collina in Montverde, Florida. Haruka Shintani (Japan) and Fiona Khaing (Myanmar) represented Team Daly. The junior golfers selected were from 23 countries and represented 19 major champions.

The Major Champions Invitational is a tournament created by Sir Nick Faldo. An extension of the Faldo Series, the event provides major champions an opportunity to mentor and inspire the next generation of players while giving back to the game. The inaugural event was played March 12-14, 2018 and was a made-for-TV event which will air on CBS on Saturday, August 11, 2018.

The future is bright for these young IJGA student-athletes. As seniors, both are starting college in the fall and plan to take what they have learned from IJGA into their college golf career and beyond. 🌳





Science Of Golf

Importance of TrackMan and its Role
within Coaching at IJGA

by IJGA Senior Coach Dan Jackson



▶ [CLICK HERE TO LEARN MORE](#)

Since its introduction in the early 2000's, Trackman has helped to revolutionize the world of golf coaching. It is a Doppler Radar that uses similar technology used by the Navy to track missiles. It collects 26 different parameters relating to the club head, ball flight and the ball. Some of the parameters include:

- **Ball Speed**
- **Launch Angle**
- **Axis Tilt**
- **Club Head Speed**
- **Carry Distance**
- **Total Distance**
- **Height**
- **Spin Rate**
- **Dynamic Loft**
- **Smash Factor (Quality of Strike)**

to communicate with the player in a simple, easy and logical manner. This should empower the player to know:

What they need to change?
Why they need to change it?
How they need to change it?

Parameters vary depending on the type of player. Optimum numbers for one player may not be the same for another. For example, someone who has a high swing speed with the driver may be looking at having a spin rate between 1900-2200rpm. Whereas someone with a slower swing speed would require a higher spin rate between 2500-



One of the best aspects of TrackMan is that the information is instantaneous and is based on the information directly gathered from the clubhead and the ball flight. TrackMan is also used for improving skills sets such as distance and direction control. Individualized performance tests are created within the International Junior Golf Academy (IJGA) to specifically target the areas of a players' game that require the most work.

With all the data available, it is easy to become engrossed in each parameter and striving for improvement becomes addictive. However, there is a skill to deciphering the data, the skill of the coach is to look at ALL the numbers and decide which specific parameters must be improved. With all of the information gathered from TrackMan, the skill is then

2800rpm to give the ball more lift and keep it in the air for longer. Knowing what numbers work with each player requires an in-depth knowledge of the player's golf game, as well as a full comprehension of all the TrackMan numbers. At IJGA, TrackMan is used in conjunction with other equipment such as 3D Motion Capture, K -Vest and Video Analysis to give a fully detailed analysis of what exactly is happening within a players' swing.

For junior golfers, a combination of the latest technology such as TrackMan, with specifically designed games, increases their enjoyment and therefore the speed of their development. The use of technology allows one of the worlds most difficult sports, to be made just a little easier. 🌲

VIDEO LINKS



Jonathan Yarwood's Swing Tips



3D Biodynamics Analysis with Senior Golf Coach Steven Chalmers





Patrick O'Toole

Director of Recruitment

Describe your role at IJGA. I promote and market instructional programs to potential students and their families. Since we are an international academy, I get to travel and meet people from all over the world. I enjoy talking to young athletes and explaining to them why they should choose us over our competitors.

What's your favorite part about working with international students and their families?

I really like meeting new people and watching them achieve their goals. Each student is unique and brings new things to the table.

What do you like to do in your free time?

I don't have a lot of free time, but my favorite thing to do is travel. I have been to Asia over twenty times and I love exploring new places and trying new things.

What has been your favorite memory/experience over the past nine years at IJGA? I've had so many extraordinary memories over the past nine years, but nothing beats graduation day. It's so neat to see our students receive their diplomas and know all they have accomplished over the years.

What is your favorite place you've ever traveled? In general, my favorite place I've ever been is Asia. I've been all over the world and Asia is just special and unique. The people are so friendly and welcoming. The food is incredible too.

In your opinion, what makes IJGA unique compared to other golf academies?

We do such a good job of personalizing the program to each player's individual strengths. Everyone here has a certain level of care and support that is really unmatched. We are much more of a family compared to most other golf academies.

What is your favorite meal of all time?

I can't pick just one meal, but my favorite foods are cheese pizza and steak.

Who is your favorite professional golfer?

My favorite golfer of all time is Jack Nicklaus. My current favorite player is Rory McIlroy.

What's your favorite sport besides golf?

I love American Football. I'm from Michigan so I always root for the Detroit Lions.

What's the best advice you've ever received? Always do what makes you happy and pursue your passion, it will all work out in the end. I love seeing people who are passionate about what they do and that inspires me to do better! 🌱

Three fun facts about me:

- 1 I used to play American football.
- 2 I love watching Food Network. I'm a self-proclaimed foodie.
- 3 I rode elephants on one of my trips to Asia!

COLLEGE Prep 101

Don't go at it alone! There are always going to be people by your side willing to help with the college process. Make yourself responsible but don't feel like you have to do everything

Ask lots of questions.

When meeting with a college coach or advisor, don't be afraid to ask as many questions as you can. Find out what is important for you in a school, and make sure you don't leave the campus wishing you would have asked more questions.

Research colleges, as well as the location, how the campus looks and feels is important in choosing a school, but so is the surrounding community. Many colleges encourage their students to become a part of the community during your four years, so you want it to have things that are appealing to you!

Make grades and your golf score a priority during high school. It's easy to get distracted when a class mate is doing better, or some in not being nice to you today, take on that challenge to focus on positive character and goals, making your college resume and search appealing to college coaches. Your hard work and determination in high school will improve your college search.

Take advantage of college prep courses, workshops, and good advice from others.

Be Organized.

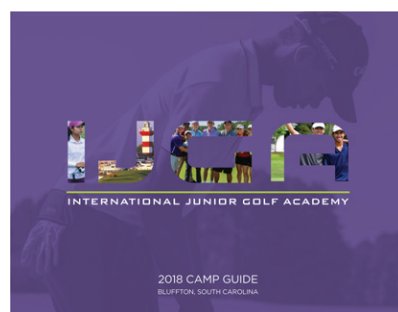
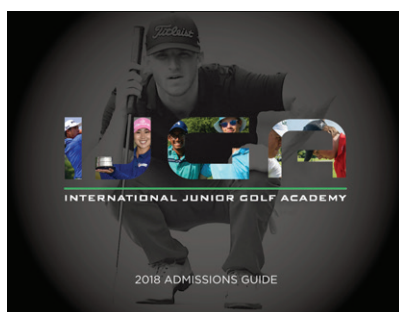
Keep your schedule, and work environment organized. This will reflect how you plan your approach to the game of golf as well as you college search. If you start early, it will become second nature and you will be grateful that you are organized and not frantic. During the college process you will receive lots of information and important paperwork, and it is important to know how to work through the application process just as much as it is for course management and reading greens.

Be Challenged.

As your advisors and guidance counselors are here to assist you, as well as deadlines. Challenge yourself to give these tasks priority as much as you would to your new swing and that big project due for class.



Interested in our Academy program or Camp? Click below for more information.





Education. Education. Education.

Spring semester at Heritage Academy is in full swing. Students are actively engaged in course work, strengthening friendships, meeting personal goals, and committing to community service projects. Intense passion-area training and competitions add to their responsibilities, and they face these challenges with determination and vigor. It is a joy to hear the students' applause of one another's accomplishments as Heritage recognizes academic, character and passion achievements through Student of the Month assemblies and the public bulletins of students who represent the Academy and their training academies in local, state, national, and international sports and academic meets.

Each week, more seniors receive news of acceptances to colleges of their choice. This excites everyone and increases our admiration of these seniors' talents and preparedness.

Several students presented work at Promising Picassos, the Beaufort County juried art show for all HHI school art students. Our Jacklyn Tang won Best of Show with her watercolor Japanese garden.

At the Hilton Head Island Rotary Club last week, Heritage Academy's Noah Corbitt and Owen Van Marter were recognized as island Outstanding Senior and Grade 8 student.

We are having a GREAT year!

Gloria Shoemaker
Head of School
Heritage Academy

Important dates for final 2018 Quarter:

April 3-6

ACT Aspire standardized testing will be administered to Grades 6-9

April 7

Masquerade Ball
The high school formal dance party at Palmetto Hall Clubhouse

April 12-13

The RBC Heritage Break

May 8

Undergraduate Awards Ceremony

May 7-17

Advanced Placement Exams

May 22-23

Final exams

May 23

Senior Awards Night, Senior Beach Photo, and Baccalaureate

May 24

Graduation

IJGA to Professional Golf: A Road Map

Dreams do Come True

But it takes a lot of work. A lot of work. The quest to play golf at the professional level is one that requires a lifetime of commitment, dedication and sacrifice that few can muster. It is a journey that is more complicated than it seems on the surface, and some simple insights into the process can serve as a valuable road map that may help outline the best route to a successful career. For most junior golfers, the best way to that goal is a measured, thoughtful approach that enables steady growth into full potential.

Junior Golf: Academies Pave the Way

Whether your junior golfer has been playing for many years or is relatively new to the game, attending an elite golf boarding school will dramatically increase both the chance of playing college golf and the quality of schools available. For those who pass through the halls of the International Junior Golf Academy (IJGA), the dream of a professional career becomes more real, and the road somewhat easier. Nearly all of our students receive scholarships to the top collegiate golf programs in the United States.

IJGA functions much like a college program with its elite academics, world-class golf training and relentless



pursuit of excellence. Emphasizing both intensive athletic training and scholastic achievement through the nationally accredited Heritage Academy, IJGA has produced some of the finest young athletes playing golf today. IJGA's Stewart Hagestad made golf history at last year's Masters Tournament, becoming the only Mid-Amateur champion to ever make the cut and then went on to earn the coveted Silver Cup awarded the low amateur.

Receiving the proper type and quality of instruction at the high school level is critical to future success. Our innovative coaching staff led by Director of Golf Jonathan Yarwood provides programs of instruction tailored to each student's abilities and needs as opposed to a "one size fits all" style. The team guides every student down a unique path that seeks to create a finely-tuned balance of physical skill, mental acuity and upstanding character.

IJGA prepares junior golfers for all of the aspects of competitive play as well as life beyond the golf course. By the time they graduate, our student-athletes are well prepared to compete in the college and professional ranks.

College Golf: Expressway to Success

Playing golf in college serves two purposes for the ambitious athlete. First is gaining invaluable training and high level

tournament experience which is much like the professional ranks without having to go it alone. Those who forego college must manage the financial and strategic requirements of improving enough to qualify for a professional tour on their own. At this stage in the learning process, the costs and logistics can be daunting. In 2018, competing on a developmental tour such as the Web.Com Tour costs at a minimum \$75,000 per year and the PGA Tour about \$110,000. Add to this the need to organize travel, room and board, hiring a caddy and coaches, tour memberships and tournament qualifying and registrations, and it becomes a massive undertaking for the individual. In college, the young golfer gains quality instruction, physical and mental training, thousands of hours of practice and the aforementioned competitive experience without the same burdens.

The second positive aspect of playing golf in college is gaining a quality academic degree. This will provide great options for life beyond the golf course and often also helps with the pursuit itself. Many who take the college route earn degrees that help manage the various aspects of making the way to the pro ranks.

Simply said, the college path to professional golf delivers excellent return on investment.

Making it on Tour: Avoiding Potholes

Making the move into the professional world is a learning process just like junior and collegiate golf and it requires patience and mental toughness.

The PGA's qualifying school, or "Q-School," used to be a direct path to the premier level, but, since 2013, has become an entryway to the Web.com tour which is the developmental arena for the PGA Tour. IJGA's Richy Werenski earned his way onto the PGA Tour this way. The LPGA qualifying school is more like the traditional format featuring escalating qualifying tournaments. IJGA alumna Stephanie Meadow won her LPGA Tour card via the Final Qualifying Tournament. The vast majority of golfers will require significant seasoning to be ready for this step.

Obviously the ultimate goal is playing on the PGA or LPGA Tour, but most everyone entering the pro circuit will start in more humble venues. The first professional tier features various mini-tours that host events around the country that require entry

fees and offer modest prize money. At this level only the most successful players will win enough to do more than cover their expenses, so the emphasis is on gaining experience and moving up to a higher tour.

As professional golf has continued to expand over the last thirty years, more of these developmental tours have emerged to accommodate the increased demand. Today there are more than twenty professional golf tours, each run by a professional golfer's association or an independent tour organization which is responsible for arranging events, finding sponsors, and regulating tour play. Competitive play in these venues is tough and finding the right entry-level tour as a road to the top requires some study and self-evaluation as the choice will be different for everyone. Examining past statistics and results of the various tours along with other personal intangibles will help in finding the right place to begin.

Moving into the highest ranks takes years for most players who succeed, so managing the costs of navigating the lower tier tours is an important factor to consider. As mentioned before, the expenses are considerable and it takes time to reach a point where tournament earnings eclipse costs. Taking the college route pays dividends here as opportunities to earn a living outside of tournament golf support the drive to continue playing and moving up the ladder. With some success on the course may come opportunities for sponsorships to aid in defraying expenses and some players even sell shares in their future potential in the manner of a stock offering. Navigating the byways to a successful career in golf benefits from creative thinking.

The road to the world of professional golf is unique for every ambitious individual who aspires to achieve the dream. Careful consideration of the many options available will help make it easier and more attainable. Study the road map carefully to find the right path for you. 🌳

[Click Here >>](#) to request more information about IJGA and our world-class junior golf instructional programs and college placement services. Dreams begin here.